



Hip Belt Fitting Instructions

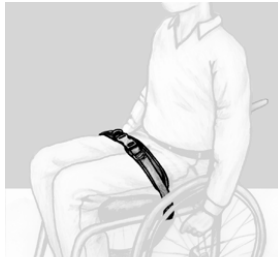
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A **VARILITE** Hip Belt, or anterior pelvic support, is designed to be used as a positioning aid. When used correctly, a hip belt can have a dramatic effect on a person's seating posture and function. **VARILITE Hip Belts are not safety restraints and should not be used as such.**

A hip belt is most often placed across the pelvic-femoral junction. In some cases, hip belts can be used across the upper thighs to free the pelvis for natural anterior tilting. A hip belt should never be placed across the abdomen because the tissue is too soft and it may encourage a posterior pelvic tilt.



A 2-point hip belt correctly placed across the pelvic-femoral junction



A 2-point hip belt correctly placed across the upper thigh.

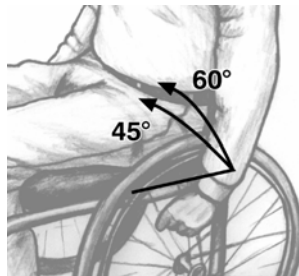


Never place a hip belt across the waist or abdomen!

Mounting

2-Point Hip Belt

Locate the pelvic-femoral junction. Position padding below the anterior superior iliac spine (ASIS). Thread webbing through Tri-Ends and attach to wheelchair at a 60 degree angle for best results.



4-Point Hip Belt

Position padding over the anterior superior iliac spine (ASIS) with main webbing running parallel to the seat surface. Thread main webbing through Tri-Ends and secure to the wheelchair canes or to a solid back support.



Thread remaining webbing through Tri-Ends and attach to seat canes to prevent the belt from riding up into soft tissue.

Tri-End Threading Instructions



Cleaning

Prior to removal, mark the location of the hardware for easy re-installation. Place the hip belt in a pillowcase or sock and tie off. Machine wash and air dry

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Chest Harness Fitting Instructions

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A **VARILITE** Chest Harness, or anterior thoracic support, provides increased trunk stability. **VARILITE Chest Harnesses are not safety restraints and should not be used as such. Never use a VARILITE Chest Harness without a hip belt or a solid back support.**

VARILITE Chest Harnesses have cam lock adjustments at the shoulders to allow for easy adjustment with each use. Additional quick-release adjustments are provided across the sternum and down both sides.

Mounting

H-Style

Attach cam locks to a solid back support. Position the cam locks slightly below the shoulders to prevent the shoulders from rolling out underneath the harness. Secure top webbing to the cam locks.

Thread bottom webbing through Tri-Ends and loop webbing around the canes, or drill the Tri-Ends and attach to the wheelchair using screws.



H-Style

Backpack Style

Mounting is the same as the H-Style, except the side-squeeze buckle on the sternum strap is released (or removed if the Backpack Style is used permanently).

To decrease pad slippage, mount the cam locks closer together on the solid back support, or crisscross the top webbing when attaching to the cam locks.



Backpack Style

VARILITE Chest Harness has a **Dynamic Positioning Strap** at the top of the pad. When the webbing is pulled lightly through the tri-glide, the elastic component is eliminated, providing a static effect (Fig.1). When threaded loosely, the dynamic component is engaged, allowing the user freedom of movement (Fig. 2).

The dynamic strap adjusts so there is no elasticity. Simply feed the webbing all the way out through the tri-glide.

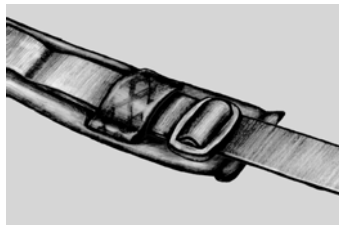


Fig. 1

The dynamic strap in stretch mode. Feed a longer loop of webbing through the tri-glide buckle for greater elasticity.

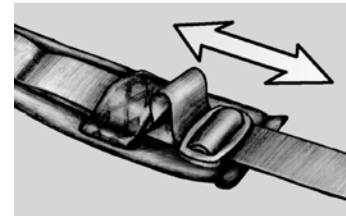
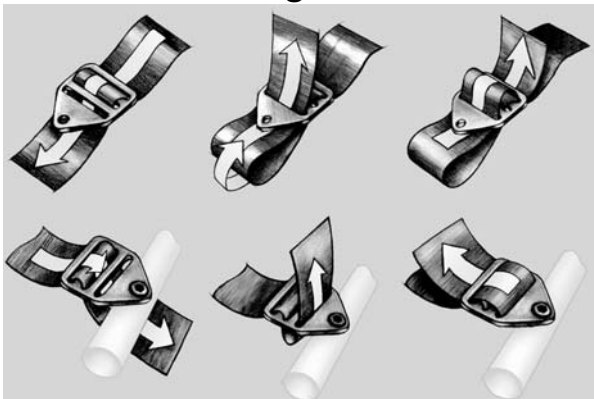


Fig. 2

Tri-End Threading Instructions



Cleaning

Prior to removal, mark the location of the hardware for easy re-installation. Place the harness in a pillowcase or sock and tie off. Machine wash and air dry.

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